

## **AT Training B Directives**

MOVEMENT		TEST	DIRECTIVES
1	A-F-X X	Free Warm Up in Arena Working Trot Halt, Salute	Balance, balance in transition, quality of Halt, immobility
2	X-H-C-M-B	Working Trot	Transition, quality of Trot, acceptance of contact
3	В	Circle right width of arena	Rhythm, correct lateral bend on circle, accuracy of figure
4	Btw B-F F-A-K	Transition to Working Walk Working Walk	Transition to Walk, relaxation, acceptance of contact
5	K-E Btw E-H Btw H-C	Walk Stretching the Frame Transition to Working Walk Working Trot	Rhythm and relaxation in Stretching the Frame, transitions
6	C-M-X-K K-A-F-B	Working Trot Continue Working Trot	Balance in turns, quality of Trot, straightness
7	В	Circle left width of arena	Rhythm, lateral bend on circle, accuracy of figure
8	B-M-C-H-X	Working Trot	Balance in turns, quality of Trot, acceptance of contact
9	X	Halt 3-5 seconds	Balance in transition, quality of Halt, immobility
10	Х	Reinback 2-4 steps Walk forward	Willingness to step back, relaxation
11	X-F-A-K	Working Trot	Transition, acceptance of contact, balance
12	K-X X	Continue Working Trot Halt, Salute Leave the Ring at the Walk	Balance in transition to Halt, immobility