

AT Training A Directives

MOVEMENT		TEST	DIRECTIVES
1	A-K-X X	Free Warm Up in Arena Working Walk Halt, Salute	Balance, transition, quality of Halt, immobility
2	X-M-C	Working Trot	Transition, quality of Trot, acceptance of contact
3	C-H-E-K-A	Working Trot	Balance in turns, quality of Trot, straightness
4	A	Circle left width of arena	Rhythm, correct lateral bend on circle, accuracy of figure
5	A-F-B-M	Working Trot	Balance in turns, quality of Trot, straightness
6	M-C Btw C-H	Working Trot Transition to Working Walk	Transition to Walk, relaxation, acceptance of contact
7	H-X-F F-A	Walk Stretching the Frame Working Walk	Rhythm and relaxation in Stretching the Frame, transitions
8	Btw A-K K-E-H-C	Transition to Working Trot Working Trot	Balance, transition, quality of Trot
9	С	Circle right width of arena	Rhythm, correct lateral bend on circle, accuracy of figure
10	C-M-B-F-A	Working Trot	Balance in turns, quality of Trot, straightness
11	A-K-X	Working Trot	Balance in turns, acceptance of contact
12	х	Halt, Salute Leave the Ring at the Walk	Balance, transition, quality of Halt, immobility